

FAIRVIEW TREATMENT CENTER



MISSION

Our mission is to provide an acutely high risk population a safe environment with intensive, client centered treatment in preparation for sober living.

Carla B. Pellerin, MHA
ADMINISTRATOR

NEVER • GIVE • UP

ANNUAL REPORT

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Client Collage, 2017/Fairview Treatment Center/All Rights Reserved

Message to our Stakeholders

Fairview Treatment Center is a beacon of hope to the population we serve. A well-publicized study by the Office of the U. S. Surgeon General states that *“well supported scientific evidence shows that addiction to alcohol or drugs is a chronic brain disease that has potential for recurrence and recovery.”*¹ According to the same report the cycle of addiction happens in three stages which are *“binge/intoxication, withdrawal/negative affect, and preoccupation/anticipation”*, which we call *“cravings”*. The Surgeon General’s report states over time continued abuse of opioids and other substances reduces sensitivity of brain systems involved in the experience of pleasure or reward and heighten the activation of brain stress systems causing severe anxiety, clinical depression, and desperation.

In Louisiana according to a study conducted by UnitedHealth Foundation² the rate of drug deaths in 2017 was 17.7 per 100,000 which exceeded the U.S. with a rate of 15.0 per 100,000. In 2015 the national Institute on Drug Abuse stated that in Louisiana there were 103.2 opioid prescriptions per 100 persons in the state at that time. These facts illuminate the need for the services provided at **Fairview Treatment Center**. In fact, the need has never been more critical to the health and safety of the communities we serve. Clients come to our facility from across the state seeking help for what feels like a hopeless situation. Addiction can rob its victims and their families of their life savings, their stability, and their right to life, liberty and the pursuit of happiness. The incarceration rates of individuals who are drug addicted or involved in drug related crimes are staggering. So few of these individuals get a chance at true rehabilitation while in prison due to lack of resources.³ Addiction is a very complex disease that can’t always be fixed with one’s personal will to overcome, it requires medication assistance, along with learning behavior modification to begin the process of recovery.

Fairview Treatment Center has weathered numerous changes in the last five years. Clients that received state block grant funding prior to 2014 had no limits on access to Fairview Treatment Center services; however, state block grant funds are presently the payer of last resort. This paradigm shift coupled with market competition has strongly impacted utilization. Medicaid expansion has provided a tremendous and timely benefit to our population. Because of it, we continue to provide a critically needed service in a manner that allows our recovery community a chance to reclaim their ability to become productive citizens of their respective communities.

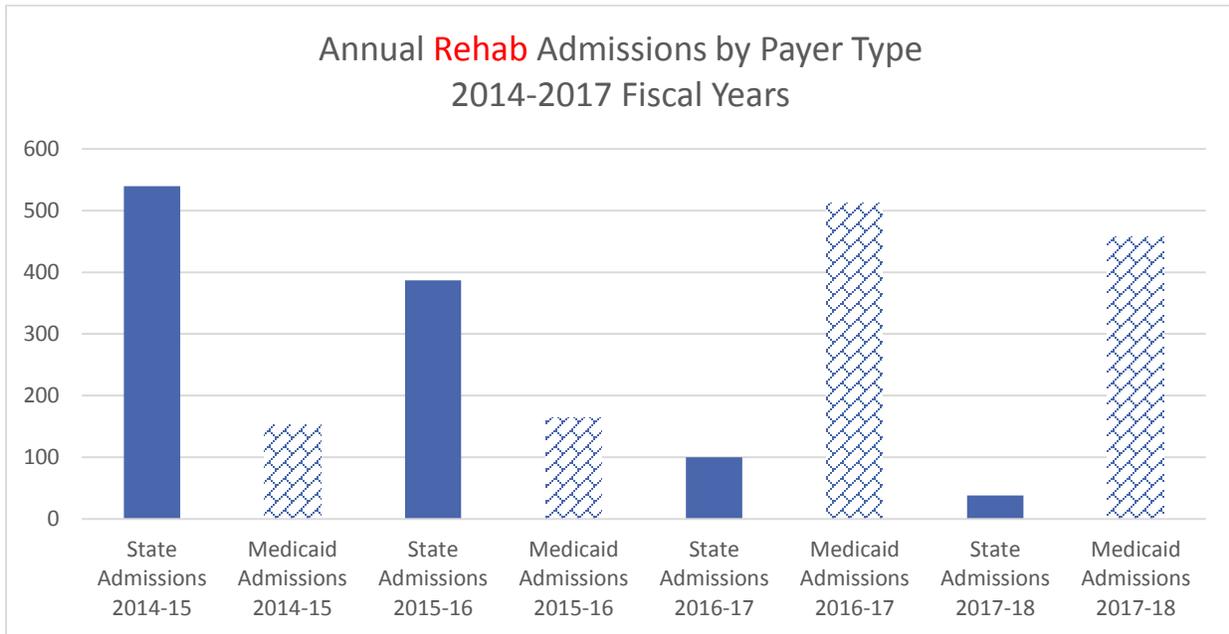
¹ <https://addiction.surgeongeneral.gov/key-findings/neurobiology>

² <https://www.americashealthrankings.org/explore/annual/measure/Drugdeaths/state/LA>

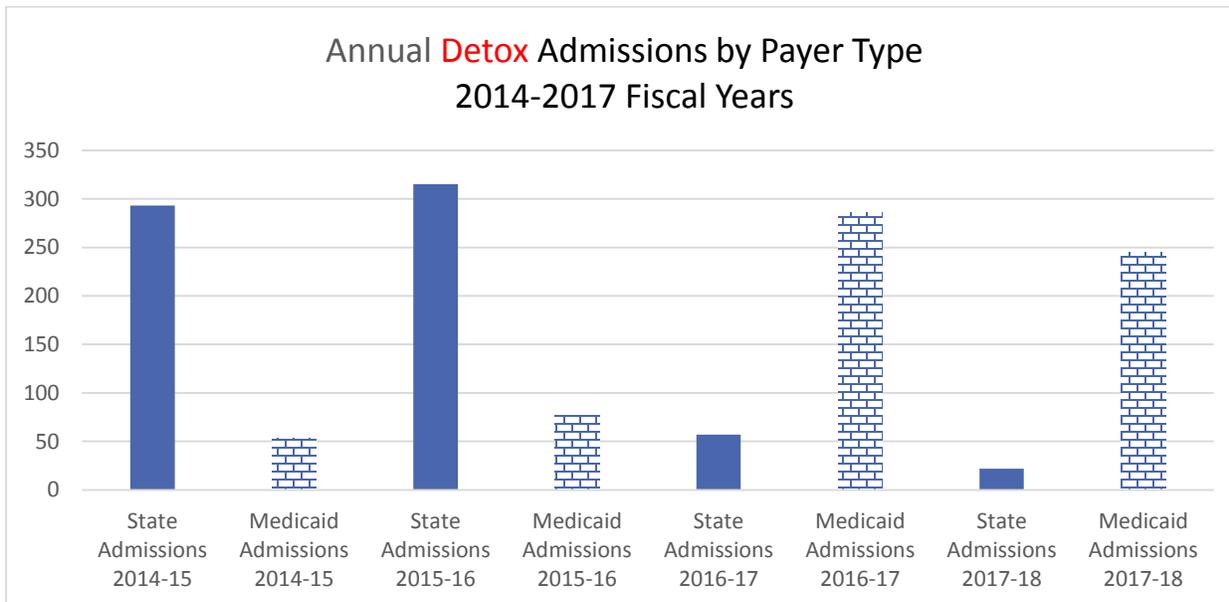
³ https://www.nola.com/crime/index.ssf/2012/05/louisiana_is_the_worlds_prison.html

Facts and Figures

The two graphs below depict changes in funding sources over the last four fiscal years. Less than 1% of the population we serve have private insurance or are able to self-pay. The vast majority of our clients live with incomes at or below the federal poverty level and depend upon state resources.

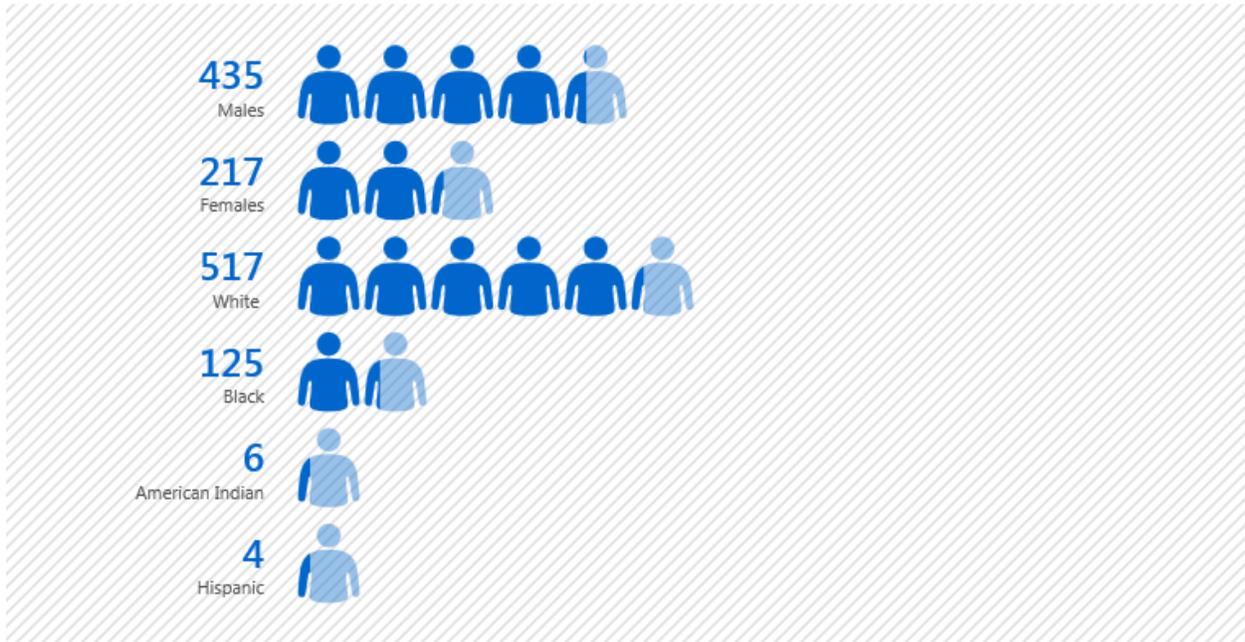


Data Source: Fairview Treatment Center Daily Client Roster/All Rights Reserved/2014-18



Data Source: Fairview Treatment Center Daily Client Roster/All Rights Reserved/2014-18

Fairview Client Demographic Profile



POPULATION FACTS AT TIME OF ADMISSION:

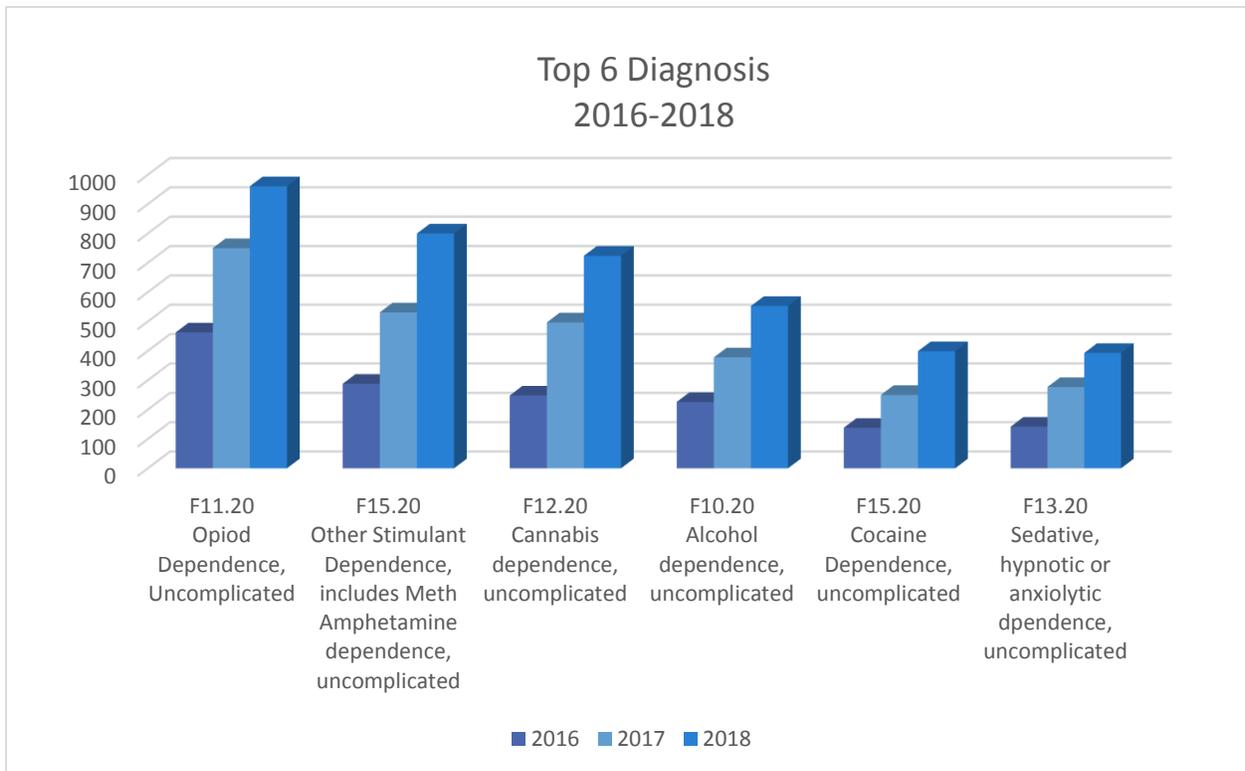
- 7% Employed full time
- 3% Employed part time
- 11% Incarcerated prior to admission
- 2% Retired or on disability income
- 77% unemployed
- Majority of clients are between the ages of 26-39 years

Source: Accucare™ 2018 Calendar Year



“I am so glad my higher power brought me to Fairview. This was the best treatment center for me, the things I was shown and taught there blew my mind. I literally use them every day. I am so glad I stayed, I owe my life to y’all. I love every one of the staff that helped me...truly.” - *client*

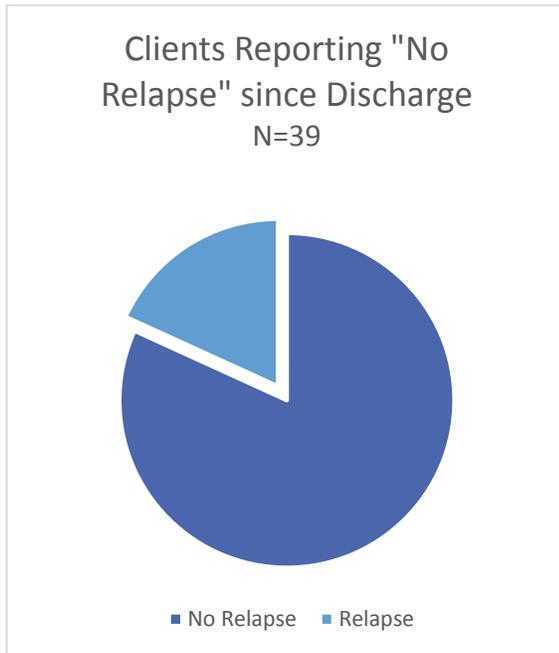
Drugs of Abuse



Data Source: Accucare™ 2018/Fairview Treatment Center/All Rights Reserved

Among the population served in the last three years, opioid dependence increased **49%** from 2016, meth-amphetamine dependence increased **36%** from 2016, with opioid dependence outpacing all other substances used over the three-year period. This bar graph further underscores the need for inpatient treatment centers for those users that have lost all ability to cope and function in society, i.e. maintaining employment, family trust, and most other positive behaviors become virtually impossible to manage. This is when the inpatient level of care is needed, our role is crucial to the overall substance abuse and behavioral health delivery system. Inpatient treatment focuses on placing the client in a safe, controlled environment, providing them with proper medication assistance in an effort to restore a circadian rhythm, develop a treatment plan, learn coping skills to include relapse prevention skills. Finally, our case management and counseling staff assist the client in securing an aftercare or discharge plan that will empower the client to reclaim his/her sobriety, assuming the client is ready and willing to make the changes necessary to reclaim a healthy lifestyle.

Outcomes



A high priority performance measure is to demonstrate how long does our client population remain sober after discharge? Also, are they engaged in ongoing activities that support sobriety? These activities could be AA/NA meetings, outpatient attendance, employment, etc. In 2018 we contacted 652 (unduplicated) clients at 30 days, 60 days, 90 days, 6 months and 1 year intervals to determine progress after discharge. The overall response rate was 6% or 39 survey participants.

Of the clients who participated in the survey, and remained sober after discharge:

- 34% are employed for more than 30 days
- 45% are engaged in education activities
- 39% participate in outpatient therapy
- 12% are engaged in AA/NA meetings

Data Source: Post Discharge Surveys/Fairview Treatment Center/2018

Client Satisfaction



Of the clients who participated in the client satisfaction survey, which is conducted prior to discharge, 95% reported that the services received were excellent in the last quarter of 2018. Other key questions asked were:

Are you feeling Energetic and Motivated to Change?

- 94% - Excellent
- 6% - Fair

Would you recommend Fairview Treatment Center to your family and friends?

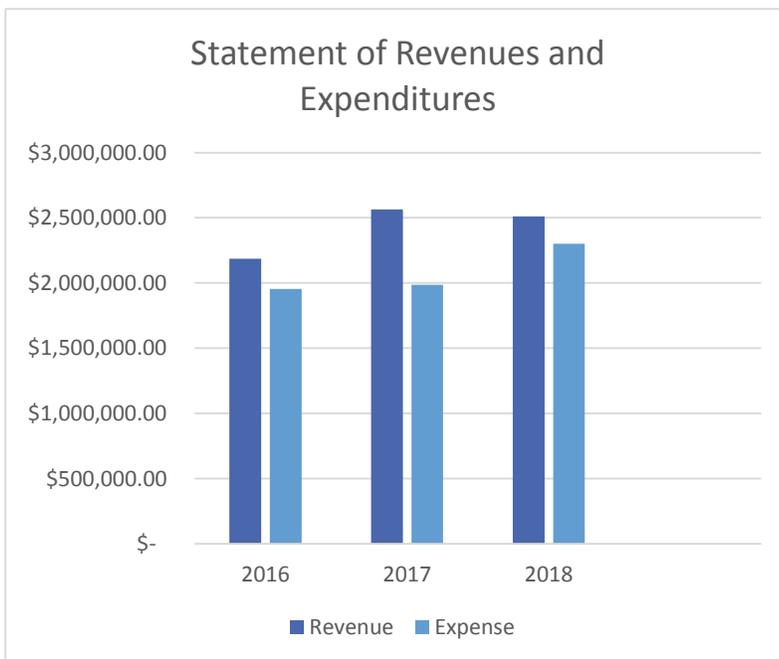
- 97% - YES
- 3% - NO

Data Source: Client Satisfaction Survey Results/Fairview Treatment Center/2018

Community Investment

Fairview Treatment Center 2018 Workforce

Number of Full Time Employees	Nurses RN/LPNs	Counselors LPC/PLPC/LAC/CIT	Psychiatric Techs	Administrative Staff
25	7	4	9	5
Number of Part Time Contract Staff	Physicians Internal Medicine Addictionology	Counselors LAC/CCS	Agency Nurse Services LPN	Tele-Psychiatry Services MD/PNP
7	3	2	1	1



The economic impact of Fairview Treatment Center is essential to highlight. The treatment center has a viable mission and offers a positive contribution to the local economy through employing local workers, supporting numerous local vendors that provide needed supplies and services to the treatment center. Our financial integrity over the three-year period indicated is backed by an unmodified opinion issued by qualified fiscal auditors.

Audited Financial Statements/Kolder, Champagne, Slaven & Co., LLC

Forecasting Ahead

Fairview Treatment Center continues to stand as a solid resource and a haven of support to the St. Mary parish community as well as communities across the state of Louisiana whose residents utilize the services we provide. This annual report serves as a baseline to document our progress over the last four years. We look forward to continuing into the future by continuing to invest in and develop our staff, increase our community presence locally and on the world wide web, and continue to provide a safety net for the many residents who come to us seeking a new way of living, seeking a way out of the chains that bind them in a vicious cycle of drug and alcohol dependence.

In our future forecast we anticipate accreditation beyond the next review cycle in 2021. We anticipate improvements to the physical plant. We will continue to measure our performance and improve the quality of care provided. We will reconnect Fairview Treatment Center to the larger society of treatment centers and substance abuse/behavioral health professionals in the state. As a long term provider of care our knowledge base, our commitment and our results are essential to the future plans, programs and services offered in the state.

Numerous studies have been conducted on the impact of the misuse of drugs and alcohol on the population we serve. We can only hope that this annual report helped you, the reader and our stakeholder, to better understand and appreciate our role as a treatment center, our mission, and our impact on the highest risk population in our society today. For more information, please contact us at (985) 395-6750.

